



# Sign up for important updates from Mrs. Rucker.

Get information for **L. Douglas Wilder Middle School** right on your phone—not on handouts.

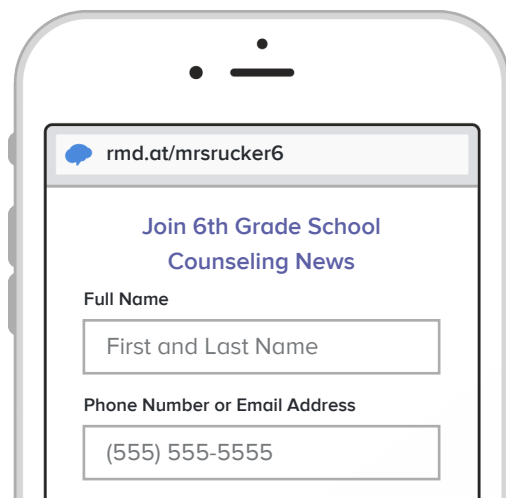
Pick a way to receive messages for **6th Grade School Counseling News**:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/mrsrucker6](https://rmd.at/mrsrucker6)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

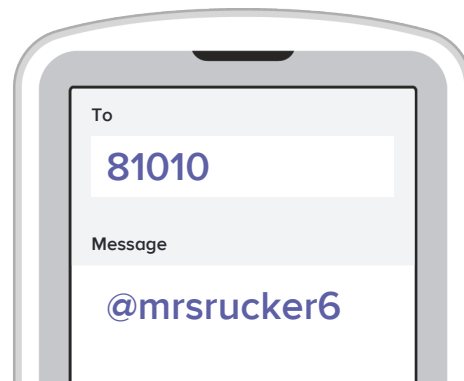


**B** If you don't have a smartphone, get text notifications.

Text the message [@mrsrucker6](https://www.remind.com/@mrsrucker6) to the number **81010**.

If you're having trouble with **81010**, try texting [@mrsrucker6](https://www.remind.com/@mrsrucker6) to **(248) 778-3089**.

*\* Standard text message rates apply.*



Don't have a mobile phone? Go to [rmd.at/mrsrucker6](https://rmd.at/mrsrucker6) on a desktop computer to sign up for email notifications.